



RAYMOND-KNOWLES UNION SCHOOL DISTRICT



February 2019 Breakfast and Lunch Menus

Monday	Tuesday	Wednesday	Thursday	Friday
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				Breakfast: WRG Muffin / Fruit / Juice / Milk Lunch: WGR Pepperoni Pizza, Romaine Lettuce Salad, Green Beans, Fruit, Milk
4	5	6	7	8
Breakfast: WGR Breakfast Pizza / Fruit / Juice / Milk Lunch: WGR Pasta & Meat Sauce, Romaine Lettuce Salad, Baby Carrots, Fruit, Milk	Breakfast: WGR Egg Tornado / Fruit / Juice / Milk Lunch: Teriyaki Chicken, Brown Rice, Broccoli, Baby Carrots, Fruit, Milk	Breakfast: WGR Cereal & Yogurt / Fruit / Juice / Milk Lunch: Beef & Cheese Tostado, Refried Beans, Lettuce & Salsa, Fruit, Milk	Breakfast: WGR Pancakes & Syrup / Fruit / Juice / Milk Lunch: Chicken Patty Sandwich, Baked Tater Tots, Baby Carrots, Fruit, Milk	Breakfast: WRG Mini Cinni / Scrambled Egg / Fruit / Juice / Milk Lunch: Cheese-Stuffed Breadsticks w/ Marinara, Romaine Lettuce Salad, Green Beans, Fruit, Milk
11	12	13	14	15
Breakfast: WGR French Toast / Fruit / Juice / Milk Lunch: Orange Chicken, Brown Rice, Broccoli, Baby Carrots, Fruit, Milk	Breakfast: WGR Strawberry Poptart / Fruit / Juice / Milk Lunch: WGR Mini Corn Dog, Baked Potato Fries, Baby Carrots, Crackers, Fruit, Milk	Breakfast: WGR Cereal & Yogurt / Fruit / Juice / Milk Lunch: Beef & Cheese Taco, Refried Beans, Lettuce & Salsa, Fruit, Milk	Breakfast: WGR Pancakes & Syrup / Fruit / Juice / Milk Lunch: Chicken Patty Sandwich, Baked Tater Tots, Baby Carrots, Fruit, Milk	Breakfast: WRG Breakfast Bar / Scrambled Egg / Fruit / Juice / Milk Lunch: WGR Cheese Pizza, Romaine Lettuce Salad, Green Beans, Fruit, Milk
18	19	20	21	22
February Break	February Break	February Break	February Break	February Break
25	26	27	28	
Breakfast: WGR French Toast / Fruit / Juice / Milk Lunch: WGR Chicken Nuggets, Baked Potato Fries, Baby Carrots, Fruit, Milk	Breakfast: WGR Egg Tornado / Fruit / Juice / Milk Lunch: Sloppy Joe Sandwich on WGR Bun, Baked Potato Fries, Baby Carrots, Fruit, Milk	Breakfast: WGR Cereal & Yogurt / Fruit / Juice / Milk Lunch: Beef & Cheese Taco, Refried Beans, Lettuce & Salsa, Fruit, Milk	Breakfast: WGR Pancakes & Syrup / Fruit / Juice / Milk Lunch: Chicken Patty Sandwich, Baked Tater Tots, Baby Carrots, Fruit, Milk	

WGR = whole grain rich

"This institution is an equal opportunity provider."

01/28/2019