



RAYMOND-KNOWLES UNION SCHOOL DISTRICT

December 2018 Breakfast and Lunch Menus



Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Breakfast: WGR Breakfast Pizza / Fruit / Juice / Milk <i>Lunch: WGR Chicken Nuggets, Baked Potato Fries, Baby Carrots, Fruit, Milk</i>	Breakfast: WRG CC Oatmeal Bar / Fruit / Juice / Milk <i>Lunch: Mini Corn Dog, Baked Beans, Baby Carrots, Crackers, Fruit, Milk</i>	Breakfast: WGR Cereal & Yogurt / Fruit / Juice / Milk <i>Lunch: Beef & Cheese Taco, Refried Beans, Lettuce & Salsa, Fruit, Milk</i>	Breakfast: WGR Pancakes & Syrup / Fruit / Juice / Milk <i>Lunch: Chicken Patty Sandwich, Baked Tater Tots, Baby Carrots, Fruit, Milk</i>	Breakfast: WRG Muffin / Scrambled Egg / Fruit / Juice / Milk <i>Lunch: WGR Cheese Pizza, Romaine Lettuce Salad, Green Beans, Fruit, Milk</i>
10	11	12	13	14
Breakfast: WGR Breakfast Pizza / Fruit / Juice / Milk <i>Lunch: WGR Pasta & Meat Sauce, WGR Roll, Baby Carrots, Fruit, Milk</i>	Breakfast: WGR Tornado / Fruit / Juice / Milk <i>Lunch: Hamburger with WGR Bun, Baked Beans, Fruit, Milk</i>	Breakfast: WGR Cereal & Yogurt / Fruit / Juice / Milk <i>Lunch: Beef & Cheese Tostada, Refried Beans, Lettuce & Salsa, Fruit, Milk</i>	Breakfast: WGR Pancakes & Syrup / Fruit / Juice / Milk <i>Lunch: Chicken Patty Sandwich, Baked Tater Tots, Baby Carrots, Fruit, Milk</i>	Breakfast: WRG Mini Cinnis / Fruit / Juice / Milk <i>Lunch: Cheese-Stuffed Breadsticks w/ Marinara, Romaine Lettuce Salad, Green Beans, Fruit, Milk</i>
17	18	19	20	21
Breakfast: WGR Breakfast Pizza / Fruit / Juice / Milk <i>Holiday Lunch: Baked Ham, Cheesy-Potatoes, Green Beans, WGR Roll, Fruit, Milk</i>	Breakfast: WGR CC Oatmeal Bar / Fruit / Juice / Milk <i>Lunch: WGR Chicken Cheese Crispito, Baked Beans, Baby Carrots, Crackers, Fruit, Milk</i>	Breakfast: WGR Cereal & Yogurt / Fruit / Juice / Milk <i>Lunch: Beef & Cheese Taco, Refried Beans, Lettuce & Salsa, Crackers, Fruit, Milk</i>	Breakfast: WGR Pancakes & Syrup / Fruit / Juice / Milk <i>Lunch: Chicken Patty Sandwich, Baked Tater Tots, Baby Carrots, Fruit, Milk</i>	<i>Winter Break</i>
24	25	26	27	28
<i>Winter Break</i>	<i>Christmas Day</i>	<i>Winter Break</i>	<i>Winter Break</i>	<i>Winter Break</i>
31				
<i>Winter Break</i>				

WGR = whole grain rich

"This institution is an equal opportunity provider."

11/26/2018