

Raymond-Knowles School



10/01/2023 - 10/31/2023

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Cereal	Breakfast Bar	Apple Frudel	Pancakes	Tornado
Fruit	Fruit	Fruit	Fruit	Fruit Milk
Milk	Milk	Milk	Milk	IVIIIK
Grilled Cheese	Burrito	Ham & Cheese Hoagie	Chicken Nuggets	Pasta w/ Meat Sauce Vegetable
Vegetable	Vegetable Fruit	Vegetable Fruit	Vegetable Fruit	Fruit
Fruit Milk	Milk	Milk	Milk	Milk
		11	12	13
9	10 Waffle	Muffin	Pancakes	Breakfast Bar
Cereal Fruit	vvallie Fruit	Fruit	Fruit	Fruit
Milk	Milk	Milk	Milk	Milk
Mini Corn Dogs	Quesadilla	Hamburger	Chicken Patty Sandwich	Pizza
Vegetable	Vegetable	Vegetable	Vegetable	Vegetable
Fruit	Fruit	Fruit	Fruit	Fruit
Milk	Milk	Milk	Milk	Milk
16	17	18	19	20
No School	No School	No School	No School	No School
23	24	25	26	27
Cereal	Tornado	Breakfast Pizza	Pancakes	Muffin Fruit
Fruit	Fruit Milk	Fruit Milk	Fruit Milk	Milk
Milk	IVIIIK	WIIIK	Willix	
Orange Chicken w/ Rice Vegetable	Tostada Vegetable	Hot Dog Vegetable	Chicken Nuggets Vegetable	Pizza Vegetable
Fruit	Fruit	Fruit	Fruit	Fruit Milk
Milk	Milk	Milk	Milk	IVIIIK
30	31			
Cereal	Breakfast Bar			
Fruit Milk	Fruit Milk			
IAIIIA	IVIIIX			
Cheesy Breadsticks Vegetable Fruit Milk	Grilled Cheese Vegetable Fruit Milk			